



children's hospice
SOUTH WEST

Celebrating
30
years

Shirty Thirty

Wear, share and
show you care



Show your support this April.

Wear a colourful shirt, share a photo on social media, and show you care with a donation

www.chsw.org.uk/shirtythirty #shirtythirty

Shirty Thirty

Over the past year, our amazing Care Teams have been getting creative with their scrubs to bring smiles to children's faces and help them feel less daunted by the appearance of extra PPE.

This April, we invite you to spread more smiles and visually show your support for our Care Teams across social media. Let's create a vibrant and wacky sea of colourful shirts to show we care!

Anything goes, from retro relics and flowery favourites to tie dye tees and summery shirts, it doesn't matter as long as it's bright, bold and raises a smile!

Simply **wear** your shirt, take a photo and **share** on social media with the hashtag **#shirtythirty** and make a donation to show you **care**.

Donating is easy too; and here's how:

- Text to donate
- Donate via website www.chsw.org.uk/shirtythirty
- ▲ Donate on Facebook
- Virgin Money/ Just Giving



No shirt, no problem, visit
www.chsw.org.uk/shirtythirty

**Wear, share and
show you care**



Making the most of short and precious lives across the South West
Registered Charity No. 1003314

