



Raising money
for families
one scone at
a time



THE BIG SOUTH WEST
cream tea



children's hospice
SOUTH WEST

Thank you for hosting your own cream tea

Together we will raise awareness and vital funds for children and young people living with life-limiting conditions and their families across the South West.

This pack has all the information and materials to help you host your own cream tea, from fundraising tips to posters and invites. There's also 'jam first' and 'cream first' printable signs for you and your guests to use in photos to upload on social media; please remember to tag us and use hashtags #CHSWCreamTea, #JamFirst or #CreamFirst.

£25...

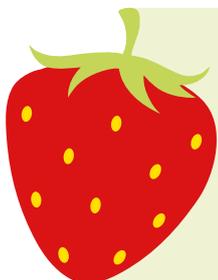
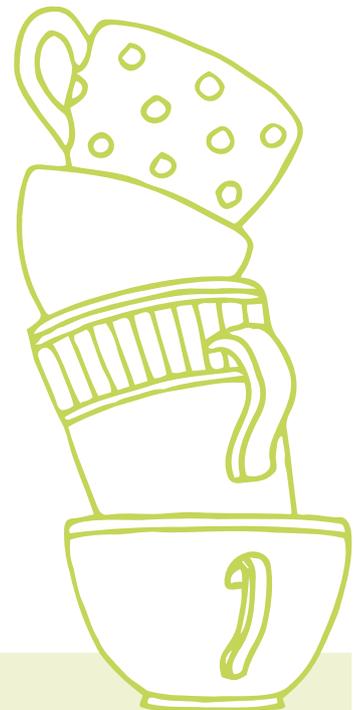
could help fund our 24-hour phone line for a parent needing emergency support or simply a listening ear.

£60...

could help fund a lifeline medical care visit to a child or young person in their home when needed most.

£100...

could help provide a parent with an uninterrupted night's sleep to give them strength to face tomorrow.



How to host a cream tea...

- ☺ Invite family, friends and colleagues using the invites enclosed in this pack
- ☺ Whip up (or buy) your scones, cakes and refreshments, we've supplied a scone recipe in this pack
- ☺ The best bit - enjoy a cream tea together
- ☺ Together with your guests raise funds one scone at a time online, by text or in cash.

🍓 Ideas and tips for hosting your cream tea

Here at Children's Hospice South West, our hospice cooks make exceedingly good scones! Many of you will have a favourite tried and tested recipe, but we thought we would share ours just in case. It's wonderfully easy so the children can join in too!

Ingredients

- ☺ 450g (1lb) self-raising flour (½ white and ½ wholemeal)
- ☺ 100g (4oz) margarine
- ☺ ½ tsp bicarbonate of soda
- ☺ 1½ tsp cream of tartar
- ☺ 2 tsp baking powder
- ☺ Milk to mix
- ☺ Sultanas (optional)

Method

- ☺ Mix all ingredients together in a large mixing bowl, adding enough milk to bind into a dough
- ☺ Roll the dough to 1 inch thick. Cut out with a cutter into individual scone shapes and bake at 200C for 7 to 10 minutes until golden brown.
- ☺ Place on a wire rack to cool
- ☺ Cut each scone in half and pile high with lashings of clotted cream and strawberry jam.

- ☺ Invite friends and family to join you in-person or virtually and make a donation
- ☺ Choose your spot, it could be the park, on Zoom, your garden, dining table or a rug on your sitting room floor!
- ☺ Make scones and cakes for family and friends and deliver them for a donation
- ☺ Create a quiz and guests donate to enter
- ☺ Auction off a homemade cream tea
- ☺ Guess the weight of the cake/scone
- ☺ Decorate your chosen spot with our bunting download
- ☺ Get out the best crockery, napkins, teacups, cake stand and table cloth or picnic rug
- ☺ Decorate with fresh flowers and streamers
- ☺ Play cards or a traditional board game
- ☺ Create a 'Cream Tea' playlist to listen to
- ☺ Get the children involved in baking and decorating
- ☺ Hold a live bake-a-thon
- ☺ Share your fundraising in the Be Incredible Facebook group, www.facebook.com/groups/beincredible

🍓 How to donate

Donate online. Simple to set up and means you have no money to collect! Sponsors can add Gift Aid (an extra 25p for every £1 donated). Set up an online giving page on Facebook, or at www.justgiving.com

Cash donation. Using the donation form included, collect cash and pay in donations online or by sending a cheque in the post. Gift Aid can be added too!!

Text donation. Simply text SCONE and your donation amount to 70460 (example SCONE 5 to donate £5)*

*Texts cost the amount you would like to donate plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone and SMS. If you'd like to give an amount but do not wish to receive marketing communications, text SCONENOINFO and the amount you would like to donate to 70460.

🍓 Here to support you

Our Fundraising Teams are on hand to support you, simply call your local CHSW children's hospice

Little Bridge House 🏠

Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ ☺ 01271 325 270

Charlton Farm 🐣

Charlton Drive, Wraxall, North Somerset BS48 1PE ☺ 01275 866 600

Little Harbour ⚓

Porthpean Road, Porthpean, St Austell, Cornwall PL26 6AZ ☺ 01726 871 800



🍓 How your fundraising helps

By taking part in The Big South West Cream Tea, you will be helping Children's Hospice South West make the most of the lives of children and young people living with life-limiting conditions and their families. The funds you raise will help to support local families now and in the future.

Each hospice is a loving and caring place where every member of every family who stays can forget their worries for a while, be a family again and find expert help and support with facing an uncertain future.



Making the most of short and precious lives across the South West

Registered Charity No. 1003314





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Raising vital funds for children and
young people living with life-limiting conditions

www.chsw.org.uk/creamtea

Where

When

Contact



Supporting
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I'd like to invite you to join me for The Big South West Cream Tea

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Cream Tea suggested donations

Item		£
Item		£
Item		£
Item		£
Item		£
Item		£



— THE BIG SOUTH WEST —

cream tea



Registered Charity No. 1008314

I like my cream tea
the Cornish way

#JamFirst

Raising money for families one scone at a time

www.chsw.org.uk/creamtea  [#CHSWCreamTea](https://twitter.com/CHSWCreamTea)

— THE BIG SOUTH WEST —

cream tea



children's hospice

SOUTH WEST

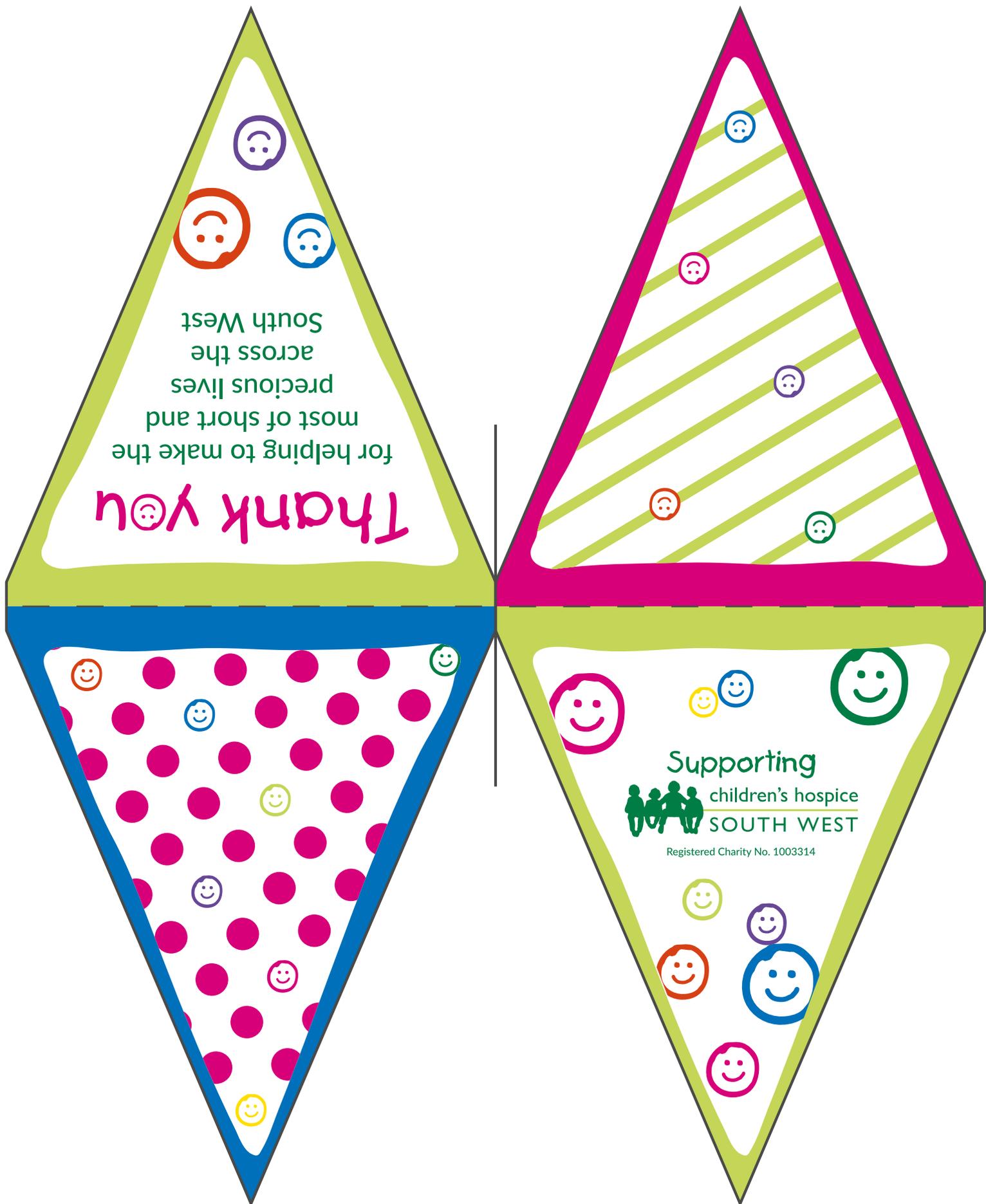
Registered Charity No. 1008314

I like my cream tea
the Devon way

#CreamFirst

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www.chsw.org.uk/creamtea  [#CHSWCreamTea](https://twitter.com/CHSWCreamTea)



To assemble the bunting

- ☺ Cut along the solid black line so you have two diamond shapes
- ☺ Fold each diamond along the dashed line to make a double sided bunting flag
- ☺ Thread the bunting string/fabric under the fold and glue the two bunting flags together
- ☺ Repeat this process until your bunting is as long as you require

Top tip: alternate the bunting flags so you have four different designs on each side!



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